



SAVOURIES

Whipped ricotta
and nettle choux
Squash, hazelnut and
apple tartlet



SANDWICHES

Goats cheese, wild mushroom and thyme
Cornhill egg and devilled spices
Grilled leek and nettle salsa
Roasted squash and tarragon aioli



THE
HARBOUR LOFT

VEGETARIAN AFTERNOON TEA



SWEETS

Pine and rose mousse cake
Walnut financier,
malted milk and nutmeg

And to finish

Sour blackberry and
cinnamon chiffon

SCONES

House-baked scones
Trewithen Dairy clotted cream
Cornish strawberry jam



AFTERNOON TEA

£37.50 per person

Celebrate with our sparkling wine

Polgoon 2020 Seyval
£10 per glass / £60 per bottle

Please inform your server if you
have a food allergy or intolerance.
Non-gluten options available on request.

TREGOTHNAN TEA



The first tea gardens in the UK, located
at the tidal head of the Tresillian River.

Afternoon Tea
Delicate, light, aromatic

Classic English
Breakfast
Rich, malty, smooth

Earl Grey
Floral, subtle, citrus

Peppermint
*Fresh, invigorating,
aromatic*

Oak Smoked
Robust, smoky, rich

Red Berry Infusion
Vibrant, fruity, floral

Lemon Verbena
Refreshing, fragrant, citrus

Green Tea
Earthy, smooth, refreshing





GINS

Choose from our selection of local hand-crafted gins, served with Cornish tonic, Navas

Caspyn, Pocketful of Stones £9

Rhubarb and Raspberry, Tarquins £9

Dandelion and Burdock, Pocketful of Stones £9

Pentire Seaward 0% and Navas Tonic £7

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Non-gluten options available on request.

BEVERAGES

COFFEE & HOT CHOCOLATE

Made with Origin Coffee, from Porthleven

Americano £3.95

Cappuccino £4.25

Latte £4.25

Flat White £3.95

Mocha £4.50

Iced Latte £4.25

Espresso/Double Espresso £3.40/£3.70

Hot Chocolate £4.95

Topped with fresh whipped cream, marshmallows and chocolate flakes

Babyccino £2



SOFT DRINKS

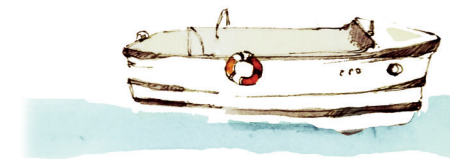
Polgoon Apple Juice £4.50

Polgoon Elderflower £4.50

Polgoon Cloudy Lemonade £4.50

Karma Cola £4.50

Luscombe Cool Ginger Beer £4.50



BEERS & CIDERS

Polgoon Apple Cider £6.95

Verdant Lightbulb Pale Ale £6.95

Verdant Helles Lager £6.95

Lucky Saint 0.5% Lager £5.95





SAVOURIES

Squash, hazelnut and
apple tartlet

Seabeet and nettle crisp



SWEETS

Dark chocolate and
hazelnut brownie

Tregothnan black tea
and fig tart

And to finish

Sour blackberry and
cinnamon chiffon

SCONES

House-baked scones

Vegan cream

Cornish strawberry jam



SANDWICHES

Grilled leek and nettle salsa

Roasted squash and tarragon aioli

Watercress and cream cheese

Wild mushroom and thyme

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VEGAN AFTERNOON TEA

TREGOTHNAN TEA

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Afternoon Tea

Delicate, light, aromatic

Classic English
Breakfast

Rich, malty, smooth

Earl Grey

Floral, subtle, citrus

Peppermint

*Fresh, invigorating,
aromatic*

Oak Smoked

Robust, smoky, rich

Red Berry Infusion

Vibrant, fruity, floral

Lemon Verbena

Refreshing, fragrant, citrus

Green Tea

Earthy, smooth, refreshing



THE
HARBOUR LOFT



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Rhubarb and Raspberry, Tarquins £9

Dandelion and Burdock, Pocketful of Stones £9

Pentire Seaward 0% and Navas Tonic £7

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Latte £4.25

Flat White £3.95

Mocha £4.50

Iced Latte £4.25

Espresso/Double Espresso £3.40/£3.70

Hot Chocolate £4.95

Topped with fresh whipped cream, marshmallows and chocolate flakes

Babyccino £2



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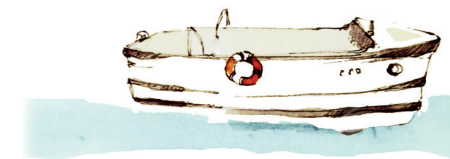
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