

MERIDIAN
LOUNGE

AFTERNOON TEA

WITH
Lady Penelope

Traditional Afternoon Tea - £31

Cocktail Afternoon Tea - £44

A choice of tea curated by us and crafted by the East India Company

We highly recommend the Tropical Punch (Blend 68). A blend of white tea with hibiscus, rosehip and orange peel, Tropical Punch is a thirst quenching infusion with a smooth and pleasant aroma. With its deliciously fruity taste and a striking reddish tint, this flavourful blend is as uplifting as an island breeze.

A selection of finger sandwiches

*Honey roasted ham with wholegrain mustard mayonnaise on pain de mie
Mature cheddar cheese and pickle on carrot bread
Sliced cucumber and grated radishes with crème fraîche on beetroot bread
Smoked salmon with dill cream cheese on basil bread
Truffle egg mayonnaise on brioche bun*

Homemade scones

Very English scones, served with Cornish clotted cream and pink Champagne & strawberry preserve

A selection of cakes and fancies

*Tracy island coconut pineapple verrine
Lady Penelope macaroon
Parker's pistachio praline posh choux
FAB 1 pink bonbon torte
Valrhona tropical chocolate marquise*

A cocktail by Lady Penelope:

“30 minutes after noon”

This twist on a classic Cosmopolitan brings out a zestier orange flavour with a nice kick to uplift ones afternoons. Sipsmith Vodka, Grand Marnier, Cranberry Juice, Lime Juice and Angostura Orange Bitters

“Alias Mr Hackenbacker”

A fashionable autumn cocktail packed with apple, pear and cinnamon flavours completed by pure French elegance alias Hennessy VS Cognac. Hennessy VS, Boulard Calvados, Edmont Briotett Poire William, Apple Juice, Lemon Juice and Cinnamon Syrup

CHAMPAGNE AND SPARKLING WINE

	Glass	Bottle
Fantinel Prosecco Extra Dry NV	£8.00	£44.00
Moët & Chandon Brut Impérial NV	£14.00	£72.00
Moët & Chandon Brut Impérial Rosé NV	£17.00	£96.00
Ruinart Brut NV	£18.00	£110.00
Ruinart Rosé NV	£22.00	£125.00
Veuve Clicquot Rosé NV		£110.00
Veuve Clicquot Yellow Label NV		£85.00

TEAS AND INFUSIONS

Loose leaf black tea

1806 Breakfast Blend: This blend, crafted for The InterContinental London – The O2, combines teas selected from the misty hills of Ceylon and the lush estates of Assam. Robust and full-bodied it becomes a perfect way to start the day. Ideally enjoyed with a dash of milk.

Tea Clipper Afternoon Blend: Crafted to linger on the palate and an ideal afternoon ‘pick-me-up’, this blend combines two contrasting black teas from Ceylon and a premium black tea from Assam, creating a soft and gentle, yet textured profile. Perfect to savour with or without milk.

Darjeeling First Flush: From the Himalayan foothills, this first harvest spring tea is a connoisseur’s delight. A lively cup with traditional first flush character, tantalising sweet aroma of ripe exotic fruits and floral notes, finishing with a hint of pleasant astringency.

***Heart of Persia:** The king of spices, saffron, is the key ingredient. Hints of this distinctive spice accent a selection of sweet and exotic fruits and flower petals brought together with a delicate single estate Ceylon tea. Best enjoyed without milk.

Pedro Pekoe – Ceylon: A single estate tea grown at an elevation of 5,600 feet in Nuwara Eliya, one of Ceylon’s finest tea producing provinces. This tea brews to create a beautiful golden liquor that is light and bright, smooth with a floral aroma.

Assam second flush: Seasonal single estate tea from the highest tippy leaves known for its smooth and malty body, deep copper colour and wonderful aromas. Best enjoyed with a dash of milk.

The Staunton Earl Grey: Using an authentic recipe, this tea blends the finest Neroli and Bergamot oils to create a distinct and different Earl Grey. With an exceptional aroma and flavour profile that is light, sweet, floral and delicate this tea produces a perfect cup for anytime of the day. Generally enjoyed black or with a spot of milk.

Bombay Chai: A warming blend of fine black tea with natural cinnamon, cloves pepper and cardamom. Best enjoyed with milk and sugar.

Rainforrest Lumbini: The Lumbini Estate produces some of the finest teas grown in the rainforests, amongst the foothills of Singharaja, Deniyaya in Ceylon. This fine tea has a high level of Golden & Silver tips, which gives a full bodied and smooth infusion. It also has a rich aroma with a touch of caramel sweetness in the finish.

DECAFFEINATED LOOSE LEAF BLACK TEA

Ceylon: Bright, full-flavoured and well-balanced this naturally decaffeinated Ceylon stays true to the traditions and flavours of this famous tea country.

Loose leaf green tea

Dragonwell Lung Ching: This tea has a distinctive broad and flat shape leaf, a result of being laboriously hand-dried in a wok. On brewing, this tea produces a refreshingly smooth, sweet and delicate character, amongst the very best of Chinese teas.

Jasmine pearls: A harmonious blend of whole leaf green tea and fragrant jasmine blossom, rolled into pearls that unfold to release a delicate and soothing scent.

Premium Gyokuro: is a type of shaded green tea hand-picked from Japan. A unique variety of tea bush found only in Shizuoka Japan, the “gokoh” was developed exclusively for the production of Premium Gyokuro and the area is now famous throughout Japan. Green tea connoisseurs will not be disappointed in its lovely condensed sweet taste with a characteristic ambrosial fragrance and extremely gentle flavour.

Genmai-Cha: A wonderfully earthy and nutty tea. Tea devotees will savour each sip of this complex blend of Sencha green tea combined with roasted brown rice.

Loose leaf white tea

Blend 68: A blend of white tea with hibiscus, rosehip and orange peel gives a thirst quenching infusion with a strong aroma and striking reddish colour, a truly beautiful tea blend.

*Silver Cloud: Grown on the Uduwara estate of Ceylon where the heavens touch the earth, this Silver Cloud white tea has lingering notes of honeydew and cantaloupe and is famed for its distinct flavour.

*Golden Tips: A very rare tea grown at 6000ft, Golden tips make a wonderfully fragrant (pine), sweet (honey) and flowery Champagne coloured tea that provides a long and complex taste on the palate.

Loose leaf oolong tea

Premium Milk Oolong: The creaminess of this tea is the result of delicate hand processing. With its caramel infused aroma, our Premium Milk Oolong creates a velvety smooth infusion when brewed.

Oolong devotees will delight in this sweet and light-bodied gem celebrated for its antioxidant properties.

Caffeine free loose leaf infusions

Whole Rosebuds: Light, delicate and fragrant with a sweet rose aroma.

Cape Colony Honeybos: Known for its sweet floral aroma and smooth finish this tea has a gentle roasted taste and is a flavourful herbal blend high in antioxidants.

Fresh mint: Cool and refreshing with a touch of sweetness.

Chamomile flowers: A sweet fruity taste, chamomile originated in Egypt where it has a history going back to the Pharaohs.

LOOSE LEAF CAFFEINE FREE CHAKRA INFUSIONS

Life Force: Siberian ginseng, ginger, black pepper and liquorice creating a spicy, sweet blend designed to invigorate.

Love: Sweet cinnamon and spicy ginger combined to soothe, with uplifting elderflower to help to realign the body and mind, perfect to revitalise.

Balance: Soothing peppermint balanced with sweet and aromatic aniseed, cinnamon and fennel, perfect to bring the body into equilibrium.

Bliss: Whole chamomile and rose flowers combined with spices known to calm the mind and open the space of enlightenment, for a deep sense of harmony.

Expression: Thyme, Iceland moss and Echinacea give a sweet and peppery taste to this aromatic blend to aid the body's natural defences.

Intuition: Delicate rose petals, lime flower, lemon balm and lavender combine to heighten your natural instincts and stimulate the third eye chakra.

**As these are our premium teas, there will be a £3.00 supplement fee.*